

# CBD PARKING RESTRICTIONS

AFFECTED ROAD	BETWEEN		DETAIL	FROM	TO
Russell St	Newmarket St	Sir Lowry Rd	No Parking - Both directions	22 May, 17h00	24 May, 15h00
Sir Lowry Rd	Tennant St	Russell St	No Parking - Outbound direction	22 May, 17h00	24 May, 15h00
Sir Lowry Rd	Tennant St	Darling St	No Parking - Inbound carriageway	22 May, 17h00	24 May, 15h00
Darling St	Sir Lowry Rd	Adderley St	No Parking - Both directions	22 May, 17h00	24 May, 15h00
Adderley St	Darling St	Wale St	No Parking - Southbound carriage-way	22 May, 17h00	24 May, 15h00
Orange St	Long St	Government Ave	No Parking - Outbound direction	22 May, 17h00	24 May, 15h20
Long St	Riebeeck St	Buitensingel St / Orange St	No Parking	22 May, 17h00	24 May, 15h20
Riebeeck St	Long St	Buitengracht St	No Parking - Both directions	22 May, 17h00	24 May, 15h20

BAYS TO BE MARKED WITH NO STOPPING SIGNS & FENCED or CONED. ILLEGALLY PARKED CARS TO BE TOWED

To ensure the safe and smooth running of this event, road closures and parking restrictions will be implemented along the Marathon route on Sunday, 24 May 2026. The details are outlined in this document to help residents, businesses, and road users be aware of all the affected routes and therefore plan accordingly.

The marathon route will have hydration stations and sponsor activations with a mixture of DJs and local talent that will be in place between 09h00 – 14h30. All amplified sound will be managed in accordance with the Event Management Plan and kept within acceptable limits. For noise complaints please phone 021 300 1286.



The Sanlam Cape Town Marathon, South Africa’s largest international participant sporting event, will take place on Sunday, 24 May 2026.

Should you require guidance on how to navigate around the road closures, email [comms@capetownmarathon.com](mailto:comms@capetownmarathon.com)

PRASA will operate a Sunday train service on 24 May to support commuter travel to and from the city during the road closures.

*Towards Africa’s 1st Major*

# MARATHON EVENT DAY ROAD CLOSURES - SUNDAY 24 MAY

## AREAS: CBD, ZONNEBLOEM, DISTRICT SIX



REF	AFFECTED ROAD	FROM	TO	DETAIL	FROM	TO
F1	Nelson Mandela Blvd	Dock Rd	Searle St	Outbound lanes closed	06h40	11h00
F2	Nelson Mandela Blvd onramp	Hertzog Blvd / Christiaan Barnard St	Nelson Mandela Blvd		06h40	11h00
F3	Nelson Mandela Blvd onramp	Newmarket St	Nelson Mandela Blvd		06h40	11h00
F4	Newmarket St	Strand St	Russell St	Onramp to Nelson Mandela Blvd to open at 11h00. Vehicles from Strand St can take NMB onramp.	07h10	14h50
F5	Russell St	New Market St	Sir Lowry Rd	Full closure	07h10	14h50
F6	Sir Lowry St	Christiaan Barnard St / Tenant St	Russell St	Outbound lanes closed. Contra-flow between Russell St and Tenant St.	07h10	14h50
F7	Sir Lowry St	Christiaan Barnard St / Tenant St	Darling St	Inbound lanes closed. Contra-flow between Darling St and Tenant St.	07h10	14h50
F8	Darling St	Primrose St	Buitenkant / Castle St	Inbound lanes closed. Contra-flow between Buitenkant / Castle St and Christiaan Barnard St.	07h10	14h50
F9	Darling St	Castle St	Lower Plein St	Full closure. Vehicle crossing allowed at Darling St/ Castle St up until 08h30 and after 14h00.	07h10	15h05
F10	Darling St	Lower Plein St	Adderley St	Westbound closure. Delivery vehicles allowed on Adderley St southbound up to Lower Plein St.	07h10	15h05
F11	Buitenkant St	Caledon St	Darling St		07h10	14h50
F12	Adderley St	Strand St	Wale St	Southbound lanes closed. Delivery vehicles have access to Adderley St southbound up to Lower Plein St.	07h30	15h05
F13	Orange St	Hof St	Long St	Outbound lanes closed. Contra-flow between Long St and Hof St.	07h30	15h20
F14	Long St	Wale St	Orange St	Full closure. Vehicle crossing allowed at Long St / Wale St up until 08h40 and after 14h30.	04h30	15h35
F15	Long St	Riebeeck St	Wale St	Full closure. Vehicle crossing allowed at Long St / Strand St until 08h40 and after 14h30.	04h30	15h35
F16	Riebeeck St	Long St	Bree St	Full closure. Vehicles coming up Long St to turn left at Riebeeck St ONLY.	07h00	15h20
F17	Riebeeck St	Buitengracht St	Bree St	Southbound closure. Vehicles coming down Bree St to turn left at Riebeeck St ONLY.	07h00	15h20
F18	Loop St	Strand St	Riebeeck St		07h00	15h20
F19	Buitengracht St	Riebeeck St Inbound	Somerset Rd Inbound	Detour to Somerset Rd - Granger Bay Blvd - Helen Suzman Blvd.	08h45	14h40

# AREAS: CBD, ZONNEBLOEM, DISTRICT SIX MARATHON EVENT DAY ROAD CLOSURES - SUNDAY 24 MAY



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## INDEX

Road Closures

One-way Vehicle Direction

Dual Vehicle Direction (contra-flow)

Emergency Vehicle Crossing

The full list of road closures can be viewed online [www.capetownmarathon.com](http://www.capetownmarathon.com)

*Towards Africa's 1st Major*

# 2026 CAPE TOWN MARATHON ROUTE

NO PARKING is allowed on this route from 22 to 24 May until the roads are re-opened. Vehicles parked on the route will be towed.



Towards Africa's 1st Major

The full list of road closures can be viewed online [www.capetownmarathon.com](http://www.capetownmarathon.com)